

German Powerlifting Union

Rekordliste Bankdrücken, Einzeldisziplin (Klassen angepasst an GPU/WPC-Regelwerk DM 2021/2022)

Stand: 17.Jun.2023

Frauen

Raw Classic

48	Master 6	52,5	Inge Kaule	DM 2022
56	Master 1	52	Svitlana Mednikova	EM 2018
	Master 2	57,5	Svitlana Mednikova	WM 2019
60	Junior	55	Förderer, Selina	DM 2015
	Open	65	Svitlana Mednikova	DM2021
	Master 2	72,5	Svitlana Mednikova	IPL World Cup 2022
67,5	Junior	72,5	Ronja Hofmann	DM 2022
	Open	130	Nicole Kegeler	Mr. Olympia 2023
	Master 1	130	Nicole Kegeler	Mr. Olympia 2023
	Master 2	73	Svitlana Mednikova	DM 2023
	Master 3	65	Katja Weber-Menne	DM 2023
	Master 4	115	Zankl, Lolita	WM 2015
75	Teen 2	47,5	Gade, Stella	WM 2013
	Open	115	Lolita Zankl	DM 2017
	Master 2	85	Irene Pignataro	DM2021
	Master 4	110	Lolita Zankl	DM 2016
82,5	Open	90	Vanessa Meuser	DM 2020
	Master 2	60	Claudia Borsci	WM 2019
	Master 4	50	Ilka Barteld-Pfeiffer	DM 2023
	Master 6	77,5	Eulenstein, Ursula	WM 2015
90+	Open	152,5	Sabine Allner	DM 2022

Raw

67,5	Open	110	Lolita Zankl	EM 2018
	Master 1	50	Dorothee Fasselt	WM 2019
	Master 4	115	Lolita Zankl	EM 2018
75	Open	82,5	Andrea Siebert	EM 2018
	Master 4	110	Lolita Zankl	DM 2018
82,5	Master 2	60	Claudia Borsci	EM 2019

Single Ply

56	Master 1	50	Schmitt, Britta	
60	Master 2	47,5	Schmitt, Brita	WM 2008
82,5	Master 3	82,5	Schwade, Kirsten	WM 2008
	Master 4	77,5	Schwade, Kirsten	WM 2009
90	Master 3	82,5	Schwade, Kirsten	Holl.M. 2008
	Master 4	91	Schwade, Kirsten	EM 2011
	Master 5	100,5	Kirsten Schwade	WM 2016
90+	Open	150	Sabine Allner	WPC WM 2023
	Master 4	95,5	Schwade, Kirsten	EM 2012
	Master 5	100,5	Schwade, Kirsten	WM 2015

Multi Ply

67,5	Junior	120	Annalena Peluso	DM 2023
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Männer

Raw Classic

67,5	Teen 1	100	Jordan Lorenz	WPC-WM 2023
	Teen 2	110	Maxim Stephan	DM 2022
	Open	112,5	Thomas Graf von Falkenstei	DM2021
	Master 4	116	Thomas Graf von Falkenstei	DM 2022
75	Teen 2	105	Michael Mednikov	DM2021
	Junior	135	Ben Zimmermann	IPL World Cup 2022
	Open	142,5	Alexandro Demetriou	DM 2022
	Master 1	142,5	Ingo Cremer	EM 2016
	Master 2	145	Alexandro Demetriou	IPL World Cup 2022
	Master 3	150	Alexandro Demetriou	DM 2023
	Master 6	120	Hans- Jürgen Kaule	IPL World Cup 2022
82,5	Master 7	92,5	Joachim Müller	DM 2022
	Teen 1	97,5	Max Glok	EM 2016
	Teen 2	125,5	Ben Zimmermann	DM 2022
	Junior	135	Oliver Berger	DM 2017
	Open	167,5	Philipp Jambor	DM2021
	Master 1	147,5	Ingo Cremer	EM 2017
	Master 2	112,5	Schirr, Stefan	EM 2012
	Master 3	160	Michael Schmidt	DM 2023
	Master 4	132,5	Mike Künzling	DM 2023
	Master 5	120	Matthews, Walter	ODC 2014
	Master 6	130	Hartmut Niemann	WM 2019
	Master 7	112,5	Gerd Müller	DM 2023
	Master 8	72,5	ROLAND GÖTZ	DM 2023
	90	Teen 2	127,5	Felix Schieck
Junior		160	Thomas Niebauer	DM 2022
Open		192,5	Axel Kujat	DM 2023
Master 1		152,5	Mirko Klatt	DM 2023
Master 2		168	Alexander Benik	DM2021
Master 3		120	Bucher, Bernd	WM 2012
Master 4		162,5	Winklareth, Michael	GB 2013
Master 5		137,5	Michael Winklareth	DM 2017
100	Teen 1	102,5	Breite, Jonas	DM 2015
	Teen 2	145	Roberto Cvijetic	DM 2020
	Junior	170	Yannick Kathage	DM 2017
	Open	210	Justin Kämpf	IPL World Cup 2022
	Master 1	167,5	Elfner, Thomas	DM 2015
	Master 2	170	Thomas Elfner	DM 2019
	Master 3	182,5	Göran Vente	IPL World Cup 2022
	Master 4	152,5	Thorsten Ritter	DM 2023
	Master 5	180	Gersdorf, Axel	EM 2012
	Master 6	132,5	Eulenstein, Joachim	WM 2015
	Master 7	155	Kurt Schoule	DM 2023
	Master 8	140	Albert Olomek	DM 2022
110	Master 9	92,5	Heiner Dr. Schildbach	DM 2023
	Junior	110	Dahlmann, Yannis	DM 2015
	Open	215	Hirschmann, Oliver	WM 2015
	Master 1	190	Stefan Fekken	DM 2023
	Master 2	165	Viktor Mednikov	DM 2022
	Master 3	160	Thomas Elfner	DM2021
	Master 4	185	Göran Vente	DM 2023
	Master 6	162,5	Helmut Reimann	DM 2020
	Master 9	90	Hans - Jürgen Dosin	DM 2023

125	Junior	157,5	David Eberle	DM 2023
	Open	250	Burak Kacar	DM2021
	Master 1	220,5	Martin Erlitz	DM2021
	Master 2	187,5	Timo Schütt	DM 2022
	Master 3	137,5	Istvan Szabo	DM 2022
	Master 4	200	Kurda, Walter	EM 2012
	Master 5	205	Walter Kurda	DM 2016
140	Open	220	Markus E. Weinmaier	DM2021
	Master 1	210	Thomas Godesberg	DM 2022
	Master 2	200	Timo Schütt	DM 2023
	Master 3	170	Dirk Lauber	EM 2017
	Master 6	170	Walter Kurda	DM 2020
140+	Open	190	Alexander Gerth	DM2021
	Master 1	190	Deniz Kedikov	DM 2022
Raw				
60	Teen 1	70	Toisa Schreiber	DM 2020
75	Teen 2	65	Finn Müller	DM 2020
	Junior	80	Tom Lenko	WM 2019
	Open	120	Benjamin Bernhardt	DM 2019
	Master 3	127,5	Frank Bahr	EM 2018
	Master 8	52,5	Ulrich Mielich	DM 2019
82,5	Teen 2	130	Karl Teske	DM 2020
	Open	165,5	Philipp Jambor	WM 2019
	Master 1	125	Alexander Torschin	EM 2019
	Master 3	122,5	Frank Bahr	DM 2018
90	Teen 1	90	Justin Nerstheimer	DM 2020
	Teen 2	110	Danil Himmelreich	DM 2019
	Open	191	Axel Kujat	WM 2019
	Master 1	157,5	Ingo Cremer	EM 2018
	Master 2	125	Wolfgang Fischer	DM 2017
	Master 4	150	Frank Lubitz	DM 2019
	Master 5	155	Frank Lubitz	EM 2019
100	Teen 2	140	Robert Gartwich	DM 2019
	Open	190	Guido Schlemmer	WM 2017
	Master 3	170	Göran Vente	DM 2020
	Master 4	150	Thorsten Ritter	WM 2019
110	Open	202,5	Oliver Hirschmann	WM 2019
	Master 1	162,5	Uwe Spitzer	WM 2019
	Master 3	150	Wolfgang Fischer	DM 2019
	Master 4	130	Manfred Cebulla	DM 2018
125	Open	225	Thomas Godesberg	EM 2018
	Master 2	185	Timo Schütt	DM 2019
	Master 5	190	Walter Kurda	DM 2017
140	Master 2	192,5	Timo Schütt	WM 2019
	Master 3	120	Arne Stauner	DM 2020
	Master 6	175	Walter Kurda	DM 2019
Single Ply				
67,5	Teen 2	110	Eschenasy, Sebastian	DM 2014
	Master 1	90	Meryem, Salih	
	Master 3	90	Meryem, Salih	DM 2009
75	Master 2	100	Meryem, Salih	
	Master 4	112,5	Meryem, Salih	DM 2014
82,5	Teen 1	95	Max Glok	EM 2016

82,5	Teen 2	100	Dennis Glok	EM 2016
	Open	220	Kraft,Paul	DM 2010
90		227,5	Patric Kaltenbacher	WM 2017
	Master 2	200	Winklareth, Michael	EM 2006
	Master 3	202,5	Winklareth, Michael	WM 2007
	Master 4	195	Winklareth, Michael	EM 2014
100	Open	262,5	Patric Kaltenbacher	DM2021
	Master 1	230	Freiberg, Wladimir	DM 2009
	Master 2	215	Thomas Elfner	DM 2019
	Master 3	137,5	Hermann Maier	DM 2018
	Master 4	215	Gersdorf, Axel	DM 2010
	Master 5	165	Gersdorf, Axel	WM 2012
	Master 6	120	Axel Gersdorf	EM 2017
110	Open	235	Janke, Wladimir	DM 2014
	Master 1	250	Hochstetter, Juri	
	Master 2	215,5	Thomas Elfner	WM 2018
	Master 3	127,5	Hermann Maier	DM 2017
	Master 6	200	Helmut Reimann	DM 2020
125	Open	235	Sirko Petermann	DM 2016
	Master 4	200	Kurda, Walter	DM 2009
	Master 5	200	Walter Kurda	DM 2016
140	Open	285	Christopher Röper	IPL World Cup 2022
	Master 1	192,5	Sirko Petermann	DM 2022
	Master 6	175	Walter Kurda	DM 2019
Multi Ply				
82,5	Teen 1	95	Max Glok	EM 2016
	Teen 2	100	Dennis Glok	EM 2016
	Master 1	205	Kraft, Paul	DM 2014
100	Open	255	Erik Knöfler	WM 2019
	Master 3	197,5	Helmut Kraus	DM2021
	Master 4	132,5	Hermann Maier	DM 2019
	Master 6	60	Axel Gersdorf	DM 2016
110	Open	200	Dominik Hoppe	DM 2023
	Master 1	312,5	Henning Tiedje	DM 2023
	Master 3	127,5	Hermann Maier	DM 2017
	Master 5	170	Peter Malfa	Mr. Olympia 2023
125	Open	262,5	Sirko Petermann	DM 2017
	Master 1	160	Dominik Hoppe	WPC-WM 2023