

WPU World Records

Deadlift Women

Age Class: T-1	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
48	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
52	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
56	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
60	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
67,5	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
75	0	0	0	127,5	Gretel Bennet	Europ.Champ	n/a	n/a	n/a	n/a	n/a	n/a
82,5	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
90	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
SHW	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a

Age Class: T-2	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a
48	72,5	0	0	77,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a
52	77,5	0	0	82,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a
56	82,5	0	0	100	Bella Whitlam	2015-10-14	n/a	n/a	n/a	n/a	n/a	n/a
60	87,5	0	0	105	Bella Whitlam		n/a	n/a	n/a	n/a	n/a	n/a
67,5	97,5	0	0	102,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a
75	105	0	0	110	0	0	n/a	n/a	n/a	n/a	n/a	n/a
82,5	112,5	0	0	117,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a
90	117,5	0	0	122,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a
SHW	120	0	0	125	0	0	n/a	n/a	n/a	n/a	n/a	n/a

Age Class: Jun	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
52	82,5	0	0	87,5	0	0	87,5	0	0	137,5	0	0
56	87,5	0	0	97,5	Kate Ring	2015-06-25	92,5	0	0	142,5	0	0
60	92,5	0	0	97,5	0	0	97,5	0	0	147,5	0	0
67,5	102,5	0	0	130	Sharon Nagle		107,5	0	0	157,5	0	0
75	110	0	0	115	0	0	115	0	0	165	0	0
82,5	117,5	0	0	122,5	0	0	122,5	0	0	172,5	0	0
90	120	0	0	127,5	0	0	127,5	0	0	177,5	0	0
SHW	122,5	0	0	130	0	0	130	0	0	180	0	0

WPU World Records

Age Class: Ope	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	82,5	0	0	82,5	0	0	87,5	0	0	137,5	0	0
52	140	Jamie Stubbs	WC 2018	87,5	0	0	92,5	0	0	132,5	0	0
56	152,5	Viktoria Reeb	European Champio	97,5	Kate Ring	2015-06-25	97,5	0	0	147,5	0	0
60	97,5	0	0	97,5	0	0	155	0	0	150	0	0
67,5	130	Clare Louise Malone	WC 2018	130	Sharon Nagle		112,5	0	0	162,5	0	0
75	115	0	0	115	0	0	120	0	0	170	0	0
82,5	120	0	0	122,5	0	0	127,5	0	0	177,5	0	0
90	125	0	0	127,5	0	0	132,5	0	0	182,5	0	0
SHW	127,5	0	0	130	0	0	135	0	0	185	0	0

Age Class: M-1	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
52	82,5	0	0	87,5	0	0	87,5	0	0	137,5	0	0
56	87,5	0	0	92,5	0	0	92,5	0	0	142,5	0	0
60	92,5	0	0	97,5	0	0	97,5	0	0	147,5	0	0
67,5	110	Dorothee Fasselt	EC 2019	180	Jane Stevenson	World Cham	107,5	0	0	157,5	0	0
75	110	0	0	130	Jenny O'Brien	2014-11-28	115	0	0	165	0	0
82,5	117,5	0	0	137,5	Particia Page		122,5	0	0	172,5	0	0
90	120	0	0	127,5	0	0	127,5	0	0	177,5	0	0
SHW	122,5	0	0	190	Samantha Cooper	2014-11-28	175	0	0	180	0	0

Age Class: M-2	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	72,5	0	0	77,5	0	0	77,5	0	0	127,5	0	0
52	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
56	82,5	0	0	90	Janice Cregan		87,5	0	0	137,5	0	0
60	87,5	0	0	92,5	0	0	92,5	0	0	142,5	0	0
67,5	97,5	0	0	125	Tara Gibson		102,5	0	0	152,5	0	0
75	150	Petra Kent	EC 2019	162,5	Petra Kent		110	0	0	160	0	0
82,5	125	Claudia Borsci	EC 2019	117,5	0	0	117,5	0	0	167,5	0	0
90	117,5	0	0	122,5	0	0	122,5	0	0	172,5	0	0
SHW	120	0	0	125	0	0	125	0	0	175	0	0

WPU World Records

Age Class: M-3	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	72,5	0	0	75	0	0	75	0	0	125	0	0
52	75	0	0	80	0	0	80	0	0	130	0	0
56	80	0	0	85	0	0	85	0	0	135	0	0
60	82,5	0	0	87,5	0	0	87,5	0	0	137,5	0	0
67,5	92,5	0	0	97,5	0	0	110	Hilary Thomas	World Char	147,5	0	0
75	110	Hilary Thomas	European Champio	105	0	0	176	Dawn Morrell	2014-11-28	155	0	0
82,5	107,5	0	0	112,5	0	0	112,5	0	0	162,5	0	0
90	112,5	0	0	117,5	0	0	117,5	0	0	167,5	0	0
SHW	115	0	0	120	0	0	120	0	0	170	0	0

Age Class: M-4	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	70	0	0	72,5	0	0	72,5	0	0	122,5	0	0
52	72,5	0	0	77,5	0	0	77,5	0	0	127,5	0	0
56	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
60	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
67,5	180	Lolita Zankl	European Champio	170	Lolita Zankl	0	92,5	0	0	142,5	0	0
75	95	0	0	100	0	0	100	0	0	150	0	0
82,5	102,5	0	0	107,5	0	0	107,5	0	0	157,5	0	0
90	107,5	0	0	112,5	0	0	112,5	0	0	162,5	0	0
SHW	110	0	0	117,5	Kirsten Schwade	0	115	0	0	165	0	0

Age Class: M-5	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	67,5	0	0	70	0	0	70	0	0	120	0	0
52	72,5	0	0	75	0	0	75	0	0	125	0	0
56	75	0	0	80	0	0	80	0	0	130	0	0
60	75	0	0	80	0	0	80	0	0	130	0	0
67,5	82,5	0	0	87,5	0	0	87,5	0	0	137,5	0	0
75	90	0	0	95	0	0	95	0	0	145	0	0
82,5	97,5	0	0	102,5	0	0	102,5	0	0	152,5	0	0
90	102,5	0	0	110	0	0	107,5	0	0	157,5	0	0
SHW	105	0	0	110	0	0	110	0	0	160	0	0

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Age Class: M-6	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	65	0	0	67,5	0	0	67,5	0	0	117,5	0	0
52	70	0	0	72,5	0	0	72,5	0	0	122,5	0	0
56	72,5	0	0	77,5	0	0	77,5	0	0	127,5	0	0
60	82,5	0	0	87,5	0	0	87,5	0	0	127,5	0	0
67,5	77,5	0	0	82,5	0	0	82,5	0	0	132,5	0	0
75	85	0	0	90	0	0	90	0	0	140	0	0
82,5	92,5	0	0	97,5	0	0	97,5	0	0	147,5	0	0
90	97,5	0	0	102,5	0	0	102,5	0	0	152,5	0	0
SHW	100	0	0	105	0	0	105	0	0	155	0	0

Age Class: M-7	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0	0	0	0

Age Class: M-8	Classic Raw			Raw			Single Ply			Multi Ply		
44	0	0	0	0	0	0	0	0	0	0	0	0
48	0	0	0	0	0	0	0	0	0	0	0	0
52	0	0	0	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0	0	0	0

Deadlift Men

Age Class:	Classic Raw			Raw			Single Ply			Multi Ply		
T-1												
52	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
56	95	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
60	100	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
67,5	105	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
75	110	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
82,5	102,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
90	110	0	0	232,5	Jason Brodie-Lynch		0	n/a	n/a	n/a	n/a	n/a
100	137,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
110	152,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
125	170	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
140	210	Archie Reid	EC 2019	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
SHW	210		0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a

Age Class:	Classic Raw			Raw			Single Ply			Multi Ply		
T-2												
52	0	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
56	130	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
60	140	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
67,5	157,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
75	165	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
82,5	177,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
90	187,5	0	0	232,5	Jason Brodie-Lynch		0	n/a	n/a	n/a	n/a	n/a
100	190	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
110	207,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
125	215	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
140	217,5	0	0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a
SHW	217,5		0	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a

Age Class:	Classic Raw			Raw			Single Ply			Multi Ply		
Jun												
52	0	0	0	0			0	0	0	0	0	0
56	135	0	0	142,5			0	112,5	0	202,5	0	0
60	205	SUMIT SHOKEEN	World Char	170	Vishal Verma	WC 2018		120	0	212,5	0	0
67,5	160		0	202,5	ARJUN SINGH	World Championships 20		135	0	227,5	0	0
75	167,5		0	230	Kieran Bennett		0	200	Shane Keehan	240	0	0
82,5	182,5		0	265	Stephan Casey	2014-11-28		192,5	0	252,5	0	0
90	192,5		0	255	Thomas Gleeson		0	202,5	0	262,5	0	0
100	205		0	260	Paul Stark		0	270	Harry Glass	British C. 2019	275	0
110	212,5		0	256	Jack McDonnell		0	222,5	0	282,5	0	0
125	217,5		0	260	Christopher Eibl		0	225	0	290	0	0
140	222,5		0	235		0	0	235	0	295	0	0
SHW	227,5		0	240		0	0	240	0	300	0	0

WPU World Records

Age Class: Ope	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	137,5	0	0	142,5	0	0	122,5	0	0	205	0	0
60	147,5	0	0	170	Vishal Verma	WC 2018	132,5	0	0	215	0	0
67,5	162,5	0	0	202,5	ARJUN SINGH	World Championships 2018	147,5	0	0	230	0	0
75	210	Benjamin Bernhardt	EC 2019	230	Kieran Bennett		185	0	0	245	0	0
82,5	187,5	0	0	265	Stephan Casey	2014-11-28	200	0	0	255	0	0
90	242,5	Axel Kujat	EC 2019	255	Thomas Gleeson		292,5	Saulius Kasparas	0	267,5	0	0
100	272,5	SURENDER SINGH	European C	260	Paul Stark		330	Sean Hoey	0	280	0	0
110	272,5	RAJAT GOEL	WC 2018	256	Jack McDonnell		320	Alaksandr Zukov	WC 2016	285	0	0
125	222,5	0	0	260	Christopher Eibl		285	Mukesh Singh	British C. 2019	340	Marcus Griffiths	2015-04-04
140	217,5	0	0	235	0	0	275	Dave Gladwell	0	300	0	0
SHW	242,5	GAURAV SHARMA	European C	240	0	0	250	0	0	305	0	0

Age Class: M-1	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	135	0	0	142,5	0	0	112,5	0	0	202,5	0	0
60	145	0	0	152,5	0	0	120	0	0	212,5	0	0
67,5	160	0	0	167,5	0	0	135	0	0	227,5	0	0
75	167,5	0	0	180	0	0	180	0	0	240	0	0
82,5	182,5	0	0	192,5	Bertrand Couvercelle	EC 2019	192,5	0	0	252,5	0	0
90	192,5	0	0	255	Shane Brodie		202,5	0	0	262,5	0	0
100	205	0	0	299	Marcus Griffiths		330	Sean Hoey	0	280	Shane Brodie	0
110	212,5	0	0	320	Marcus Griffiths		222,5	0	0	282,5	0	0
125	217,5	0	0	326	Marcus Griffiths		305	Mark eager	0	340	Marcus Griffiths	0
140	222,5	0	0	270	Oliver Dorsch		235	0	0	295	0	0
SHW	227,5	0	0	240	0	0	240	0	0	300	0	0

Age Class: M-2	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	132,5	0	0	140	0	0	107,5	0	0	200	0	0
60	142,5	0	0	150	0	0	115	0	0	210	0	0
67,5	157,5	0	0	165	0	0	127,5	0	0	225	0	0
75	165	0	0	217,5	Sean Cregan		175	0	0	235	0	0
82,5	177,5	0	0	230	Wayne Cox		187,5	0	0	247,5	0	0
90	187,5	0	0	260	Phil Beniston		292,5	Paul Murphy	World Championships 2016	257,5	0	0
100	200	0	0	250	Mikko Mantymaki	World Championships 2018	210	0	0	270	0	0
110	256	Richard Gillison	European C	255	Andrew Sullivan		217,5	0	0	277,5	0	0
125	#NULL!	#NULL!	#NULL!	#NULL!	#NULL!	#NULL!	290	Marcus Griffiths	WC 2018	285	0	0
140	305	Timo Schütt	EC 2019	230	0	0	230	0	0	290	0	0
SHW	222,5	0	0	235	0	0	235	0	0	295	0	0

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Age Class: M-3	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	230	John Vincent	World Championships 2017	0	0	0	0	0	0
56	130	0	0	137,5			0	102,5	0	197,5	0	0
60	140	0	0	147,5			0	110	0	207,5	0	0
67,5	155	0	0	162,5			0	120	0	222,5	0	0
75	162,5	0	0	235	John Vincent		0	170	0	230	0	0
82,5	172,5	0	0	235	Sean Cregan		0	182,5	0	242,5	0	0
90	182,5	0	0	262,5	J J Dunne		0	240	Valeriy Poryadin	Europ.Championships 2017 02.Jun.2017	252,5	0
100	195	0	0	260	Phil Beniston		0	247,5	Peter Malfa	World Championships 2017	265	0
110	220	Jörg Schmelzer	EC 2019	240	Gunnar Freya Runnason		0	212,5	0	272,5	0	0
125	210	0	0	310	Jaap Fahner		0	220	0	280	0	0
140	215	0	0	300	Jaap Fahner		0	290	Dirk Lauber	Europ.Championships 2017 02.Jun.2017	285	0
SHW	217,5	0	0	230	0	0	230	0	0	290	0	0

Age Class: M-4	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0			0	0	0	0	0	0
56	127,5	0	0	135			0	97,5	0	195	0	0
60	137,5	0	0	145			0	102,5	0	205	0	0
67,5	152,5	0	0	160			0	115	0	220	0	0
75	160	0	0	167,5			0	167,5	0	227,5	0	0
82,5	167,5	0	0	177,5			0	177,5	0	237,5	0	0
90	205	Thomas Bold	EC 2019	187,5			0	240	Alfred Byornsson		247,5	0
100	230	Manfred Cebulla	WC 2018	255	Rik Davison	World Championships 2017	212,5	Peter Malfa	EC 2019	260	0	0
110	197,5	0	0	260	Rik Davison		0	207,5	0	267,5	0	0
125	245	Andy Ward	WC 2018	320	Colin Robinson	2014-11-28	215	0	0	275	0	0
140	210	0	0	220			0	220	0	280	0	0
SHW	215	0	0	225	0	0	225	0	0	285	0	0

Age Class: M-5	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0			0	0	0	0	0	0
56	125	0	0	132,5			0	92,5	0	192,5	0	0
60	135	0	0	142,5			0	97,5	0	202,5	0	0
67,5	150	0	0	157,5			0	110	0	217,5	0	0
75	157,5	0	0	190	Bernd Steinbrecher	Europ.Championships 2017	165	0	0	225	0	0
82,5	165	0	0	177,5	Allan Wileman	British C. 2019	172,5	0	0	232,5	0	0
90	170	0	0	180			0	180	0	240	0	0
100	185	0	0	195			0	195	0	255	0	0
110	192,5	0	0	202,5			0	240	Gerard Mc Namara	2015-04-04	262,5	0
125	200	0	0	210			0	210	0	270	0	0
140	205	0	0	215			0	215	0	275	0	0
SHW	210	0	0	220	0	0	220	0	0	280	0	0

WPU World Records

Age Class: M-6	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	122,5	0	0	130	0	0	87,5	0	0	190	0	0
60	132,5	0	0	140	0	0	92,5	0	0	200	0	0
67,5	147,5	0	0	155	0	0	105	0	0	215	0	0
75	155	0	0	163,5	0	0	163,5	0	0	222,5	0	0
82,5	160	0	0	142,5	0	0	167,5	0	0	227,5	0	0
90	167,5	0	0	175	0	0	175	0	0	235	0	0
100	180	0	0	190	0	0	190	0	0	250	0	0
110	187,5	0	0	197,5	0	0	197,5	0	0	257,5	0	0
125	195	0	0	205	0	0	205	0	0	265	0	0
140	200	0	0	210	0	0	210	0	0	270	0	0
SHW	205	0	0	215	0	0	215	0	0	275	0	0

Age Class: M-7	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0	0	0	0
67,5	97,5	0	0	0	0	0	0	0	0	0	0	0
75	0	0	0	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0	0	0	0
90	167,5	0	0	200,5	Francisco Moncayo	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0	0	0	0
125	0	0	0	0	0	0	0	0	0	0	0	0
140	0	0	0	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0	0	0	0

Age Class: M-8	Classic Raw			Raw			Single Ply			Multi Ply		
52	0	0	0	0	0	0	0	0	0	0	0	0
56	0	0	0	0	0	0	0	0	0	0	0	0
60	0	0	0	0	0	0	0	0	0	0	0	0
67,5	0	0	0	0	0	0	0	0	0	0	0	0
75	100	Ulrich Mielich	EC 2019	0	0	0	0	0	0	0	0	0
82,5	0	0	0	0	0	0	0	0	0	0	0	0
90	0	0	0	0	0	0	0	0	0	0	0	0
100	0	0	0	0	0	0	0	0	0	0	0	0
110	0	0	0	0	0	0	0	0	0	0	0	0
125	0	0	0	0	0	0	0	0	0	0	0	0
140	0	0	0	0	0	0	0	0	0	0	0	0
SHW	0	0	0	0	0	0	0	0	0	0	0	0