

German Powerlifting Union

Rekordliste Bankdrücken, Einzeldisziplin

Stand: 17.Februar 2019, alle Gewichte in kg

Frauen

Classic Raw

67,5	Open	110	Lolita Zankl	EM 2018
	Master 4	115	Lolita Zankl	EM 2018
75	Open	82,5	Andrea Siebert	EM 2018
	Master 4	110	Lolita Zankl	DM 2018

Raw

56	Master 1	52	Svitlana Mednikova	EM 2018
60	Junior	55	Förderer, Selina	DM 2015
67,5	Open	115	Lolita Zankl	EM 2017
	Master 4	115	Zankl, Lolita	WM 2015
75	Teen 2	47,5	Gade, Stella	WM 2013
	Open	115	Lolita Zankl	DM 2017
	Master 4	110	Lolita Zankl	DM 2016
82,5	Open	77,5	Eulenstein, Ursula	WM 2015
	Master 6	77,5	Eulenstein, Ursula	WM 2015

Single Ply

56	Master 1	50	Schmitt, Britta	
60	Master 2	47,5	Schmitt, Brita	WM 2008
82,5	Master 3	82,5	Schwade, Kirsten	WM 2008
	Master 4	77,5	Schwade, Kirsten	WM 2009
90	Master 3	82,5	Schwade, Kirsten	Holl.M. 2008
	Master 4	91	Schwade, Kirsten	EM 2011
	Master 5	100,5	Kirsten Schwade	WM 2016
90+	Open	122,5	Petra Hoffmann	WM 2017
	Master 4	95,5	Schwade, Kirsten	EM 2012
	Master 5	100,5	Schwade, Kirsten	WM 2015

Männer

Classic Raw

75	Master 3	127,5	Frank Bahr	EM 2018
82,5	Teen 2	110	Dennis Glok	DM 2017
	Open	160	Axel Kujat	DM 2018
	Master 1	125	Alexander Torschin	DM 2019
	Master 3	122,5	Frank Bahr	DM 2018
90	Teen 2	110	Danil Himmelreich	DM 2019
	Open	180	Axel Kujat	EM 2018
	Master 1	157,5	Ingo Cremer	EM 2018
	Master 2	125	Wolfgang Fischer	DM 2017
	Master 4	150	Frank Lubitz	DM 2019
100	Teen 2	140	Robert Gartwich	DM 2019
	Open	190	Guido Schlemmer	WM 2017
	Master 3	155	Göran Vente	DM 2019
	Master 4	132,5	Hermann Maier	DM 2019
110	Open	180	Guido Schlemmer	DM 2017
	Master 3	150	Wolfgang Fischer	DM 2019

110	Master 4	130	Manfred Cebulla	DM 2018
125	Open	225	Thomas Godesberg	EM 2018
	Master 2	185	Timo Schütt	DM 2019
	Master 5	190	Walter Kurda	DM 2017
140	Master 6	152,5	Walter Kurda	DM 2019
Raw				
67,5	Open	105	Trost, Nikolaj	DM 2014
75		130	Cremer, Ingo	Dutch Champ. 2016
	Master 1	142,5	Ingo Cremer	EM 2016
82,5	Teen 1	97,5	Max Glok	EM 2016
	Teen 2	125	Schneider, Alexander	WM 2013
	Junior	135	Oliver Berger	DM 2017
	Open	130	Michael Ullrich	EM 2018
	Master 1	147,5	Ingo Cremer	EM 2017
	Master 2	112,5	Schirr, Stefan	EM 2012
	Master 5	120	Matthews, Walter	ODC 2014
90	Junior	110	Daniel Mengerig	DM 2016
	Open	175	Kazmierz Mackowski	DM 2016
	Master 1	150	Ilias Bouziouris	DM 2016
	Master 2	145	Wolfgang Fischer	DM 2016
	Master 3	120	Bucher, Bernd	WM 2012
	Master 4	162,5	Winklareth, Michael	GB 2013
	Master 5	137,5	Michael Winklareth	DM 2017
100	Teen 1	102,5	Breite, Jonas	DM 2015
	Junior	170	Yannick Kathage	DM 2017
	Open	195	Guido Schlemmer	WM 2017
	Master 1	167,5	Elfner, Thomas	DM 2015
	Master 2	167,5	Elfner, Thomas	WM 2015
	Master 3	150	Thorsten Ritter	DM 2019
	Master 4	132,5	Hermann Maier	DM 2019
	Master 5	180	Gersdorf, Axel	EM 2012
	Master 6	132,5	Eulenstein, Joachim	WM 2015
110	Junior	110	Dahlmann, Yannis	DM 2015
	Open	215	Hirschmann, Oliver	WM 2015
	Master 1	160	Mario Rumrich	DM 2019
	Master 3	155,5	Hermann Maier	EM 2018
	Master 4	130	Manfred Cebulla	EM 2017
125	Junior	117,5	Yannis Dahlmann	DM 2016
	Open	222,5	Thomas Godesberg	DM 2019
	Master 1	190	Sirko Petermann	DM 2018
	Master 4	200	Kurda, Walter	EM 2012
	Master 5	205	Walter Kurda	DM 2016
140	Open	215	Jonathan Wölfel	DM 2019
	Master 3	170	Dirk Lauber	EM 2017
Single Ply				
67,5	Teen 2	110	Eschenasy, Sebastian	DM 2014
	Master 1	90	Meryem, Salih	
	Master 3	90	Meryem, Salih	DM 2009
75	Master 2	100	Meryem, Salih	
	Master 4	112,5	Meryem, Salih	DM 2014
82,5	Teen 1	95	Max Glok	EM 2016
	Teen 2	100	Dennis Glok	EM 2016
	Open	220	Kraft,Paul	DM 2010

90	Open	227,5	Patric Kaltenbacher	WM 2017
	Master 2	200	Winklareth, Michael	EM 2006
	Master 3	202,5	Winklareth, Michael	WM 2007
	Master 4	195	Winklareth, Michael	EM 2014
100	Master 1	230	Freiberg, Wladimir	DM 2009
	Master 2	213	Thomas Elfner	EM 2018
	Master 3	137,5	Hermann Maier	DM 2018
	Master 4	215	Gersdorf, Axel	DM 2010
	Master 5	165	Gersdorf, Axel	WM 2012
	Master 6	120	Axel Gersdorf	EM 2017
110	Open	235	Janke, Wladimir	DM 2014
	Master 1	250	Hochstetter, Juri	
	Master 2	215,5	Thomas Elfner	WM 2018
	Master 3	127,5	Hermann Maier	DM 2017
125	Open	235	Sirko Petermann	DM 2016
	Master 4	200	Kurda, Walter	DM 2009
	Master 5	200	Walter Kurda	DM 2016
140	Open	215	Petermann, Sirko	WM 2013
Multi Ply				
82,5	Teen 1	95	Max Glok	EM 2016
	Teen 2	100	Dennis Glok	EM 2016
	Master 1	205	Kraft, Paul	DM 2014
100	Master 3	140	Hermann Maier	DM 2018
	Master 4	132,5	Hermann Maier	DM 2019
	Master 6	60	Axel Gersdorf	DM 2016
110	Master 1	180	Mario Rumrich	DM 2019
	Master 3	127,5	Hermann Maier	DM 2017
125	Open	262,5	Sirko Petermann	DM 2017